



**The Cognitive Behavioral Psychotherapy
School of Milan “Studi Cognitivi”**

(Director: Sandra Sassaroli)

www.studicognitivi.net

Acknowledged by the Italian Ministry of Education, University and Research (Ministero dell’Istruzione, dell’Università e della Ricerca - MIUR) by legislative decree, July 23th 2001 (O.J. 230 of 3/10/2001)

and

**THE Albert Ellis
INSTITUTE**

Albert Ellis Institute of New York

**(Director: dr. Kristene Doyle; Director of Professional
Education: prof. Raymond DiGiuseppe)**

invites professionals to attend a

**ASSOCIATE FELLOWSHIP
CERTIFICATE PROGRAM
IN RATIONAL EMOTIVE BEHAVIOR
THERAPY (REBT) CERTIFIED BY THE
ALBERT ELLIS INSTITUTE**

**on June the 14th to 17th 2016
in Milan (Italy)**

The REBT (rational emotive behavior therapy) Associate Fellowship Certificate Program is the third step to learn REBT. “Studi Cognitivi” is glad to have the opportunity to offer the same Program as it is presented at the Albert Ellis Institute (AEI) of New York. The class section is lead by the most international important and certificated REBT’s therapists and supervisors such as doctor Kristene Doyle, Director of AEI, and professor Raymond DiGiuseppe, Director of Professional Education of AEI and professor of Psychology at the St. John University of New York.

The Associate Fellowship Certificate Program is an intense three day practicum that includes frontal lessons and in which can have recorded audio file supervised in groups composed of 8 participants and supervised by one teacher for the whole afternoon.

During the program participants will further their knowledge of rational-emotive and cognitive behavior therapy, as well as up-to-date research and clinical applications, and will receive individual supervision in small groups with a certified REBT supervisor.

Requirements

Pre-requisite: Primary and Advanced Certificate in RE & CBT; Five 20 minute recordings supervised by a Certified REBT supervisor prior to the 4 day practicum (Supervisor must inform Dr. Kristene Doyle at the Albert Ellis Institute prior to registering for the practicum that participant is eligible).

During the Practicum: Participants must bring 10 full-length (45 minute) recordings to the practicum for supervision.

Following the Practicum: In the year following, participants must have 20 recordings (ten 45 minute and ten 20 minute recordings) supervised by at least three different certified supervisors. Participants should not submit all 20 recordings at one time. The idea is to receive supervisory feedback and build upon that feedback.

When all 20 recordings are completed, participants submit their 21st ‘Golden’ recording, \$150.00 US, and their application for the associate fellowship certificate to Dr. Kristene Doyle for review by a member of the International Training Standards and Policy Review Committee.

Certification

Matriculants who successfully complete all program requirements will be eligible for Associate Fellowship membership in the Institute. Associate Fellows may also be invited to attend the Supervisory training.

Program Language

Frontal lectures and group practice sessions are offered in English.

Evaluation and Certification

There will be a written exam at the end of the course. Having passed this exam the participant will receive their certification from the board of the Albert Ellis Institute in New York in December 2016.

Program

Participants will deepen their skills through individual supervision of their psychotherapy practice and participation in advanced seminars. In addition, participants will learn to apply effective techniques for working with resistant clients, describe RE & CBT's theory of personality disorders, apply effective techniques for working with eating disorder clients and demonstrate intervention skills for clients with addictions.

Faculty:

Kristene A. Doyle, Ph.D., Sc.D., is the Director of the Albert Ellis Institute (AEI). Dr. Doyle is also Director of Clinical Services and a licensed Staff Psychologist and clinical supervisor at AEI. She is Full Adjunct Professor at St. John's University in New York.

Raymond DiGiuseppe, Ph.D., Sc.D., is the Director of Professional Education and a licensed Staff Psychologist and clinical supervisor at the Albert Ellis Institute (AEI). He is also Professor and Chair of the Psychology Department at St. John's University in New York. He is the President of Division 29 (Psychotherapy) of the American Psychological Association.

Fee:

€ 1250 + 22% VAT (€ 1525,00)

Reduced Fee for Studi Cognitivi students:

€ 1050 + 22% VAT (€ 1281,00)

Registration:

Send the registration form, a copy of your degree and a copy of the bank transfer receipt to: fax: 02/87238216; e-mail:

a.colton@studicognitivi.net

registration dead-line: April 15th 2016

Payment:

By bank transfer to the following bank

account: Studi Cognitivi SpA.

Bank name: Intesa SanPaolo;

IBAN: IT88G0306909420070285070102;

BIC: BCITITMM300;

description : "Associate Fellowship REBT Milan" plus first name and surname

Venue:

Ripa di Porta Ticinese 77, 20143 Milano

For more information please contact:

Ms. Allison Colton:

a.colton@studicognitivi.net



CME validation:

Provider Qibli srl (ID n. 2007) will give CME validation for medical and psychological doctors and can be submitted to any national CME agency.

REGISTRATION FORM

Associate Fellowship Certificate Program REBT 2016

First Name _____

Surname _____

Nationality _____ Date of Birth _____

Street address _____

City _____

Country _____ Zip Code _____

Phone _____

e-mail _____

CME certification request: Yes _____ No _____

I authorize the use of my personal data in accordance with the Italian privacy law 196/2003

Date/...../.....

Signature

NB Please include a copy of your degree