



The Cognitive Behavioral Psychotherapy School of Milan “Studi Cognitivi”

(Director: *Sandra Sassaroli*)

www.studicognitivi.net

Acknowledged by the Italian Ministry of Education, University and Research (Ministero dell’Istruzione, dell’Università e della Ricerca - MIUR) by legislative decree, July 23rd 2001 (O.J. 230 of 3/10/2001)

and

THE Albert Ellis INSTITUTE

Albert Ellis Institute of New York

(Director: *dr. Kristene Doyle*; Director of Professional
Education: *prof. Raymond DiGiuseppe*)

invites professionals to attend a

PRIMARY PRACTICUM IN **RATIONAL EMOTIVE BEHAVIOR THERAPY (REBT) CERTIFIED BY THE ALBERT ELLIS INSTITUTE**

**on June the 10th to 12th 2016
in Milan (Italy)**

The REBT (rational emotive behavior therapy) Primary Practicum is the first step to learn REBT. “Studi Cognitivi” is glad to have the opportunity to offer the same Primary Practicum as is presented at the Albert Ellis Institute (AEI) of New York.

The class section is lead by the most internationally important and certificated REBT therapists and supervisors such as Doctor Kristene Doyle, Director of AEI, and Professor Raymond DiGiuseppe, Director of Professional Education of AEI and professor of Psychology at the St. John University of New York.

The Primary is an intense three day practicum that includes frontal lessons and practical sessions in which participants can practice peer-counselling supervised by senior teachers. Each group is composed of 8 participants and supervised by one teacher for the whole afternoon.

During the program participants will learn the REBT theory of emotional disturbance and change by leading REBT practitioners. Participants will have the opportunity to practice their REBT skills in small group supervision and receive immediate feedback from an experienced certified REBT supervisor.

Participants

Open to psychologists, psychiatrists psychotherapists and graduate students. Proof of degree must accompany the registration form

IMPORTANT:

It is possible to follow both the Primary and Advanced Practicums in Milan in June 2016, one after the other. Should you not pass the final exam of the Primary Practicum, the registration fee for the Advanced will be reimbursed.

Program Language

Frontal lectures and group practice sessions are offered in English. Consecutive translation into Italian will be available where necessary.

Program

Participants will learn to:

- Understand and apply the REBT theory of emotional disturbance and change;
- Apply the REBT ABC model to a wide range of clinical issues;
- Identify, challenge and dispute clients’ dysfunctional thoughts;
- Construct and teach clients how to have new adaptive thoughts, emotions and behaviors;
- Develop and apply homework protocols for treating anxiety anger and depression, as well as other common presenting problems.

Evaluation and Certification

There will be a written exam at the end of the course. Having passed this exam the participant will receive their certification from the board of the Albert Ellis Institute in New York in December 2016.

Faculty:

- Kristene A. Doyle, Ph.D., Sc.D., is the Director of the Albert Ellis Institute (AEI). Dr. Doyle is also Director of Clinical Services and a licensed Staff Psychologist and clinical supervisor at AEI. She is Full Adjunct Professor at St. John's University in New York.
- Raymond DiGiuseppe, Ph.D., Sc.D., is the Director of Professional Education and a licensed Staff Psychologist and clinical supervisor at the Albert Ellis Institute (AEI). He is also Professor and Chair of the Psychology Department at St. John's University in New York. He is the President of Division 29 (Psychotherapy) of the American Psychological Association.
- Ennio Ammendola, M.A., M.H.C., psychologist and REBT certified supervisor at the Albert Ellis Institute. Doctoral candidate at Fordham University, New York.
- Giovanni M. Ruggiero, M.D. psychiatrist, cognitive psychotherapist and REBT certified supervisor at the Albert Ellis Institute. Trainer in CBT recognized by the Società Italiana di Terapia Cognitiva e Comportamentale (SITCC) in the Scuola di specializzazione in Psicoterapia Cognitiva "Studi Cognitivi" di Milano

Fee:

€ 1250 + 22% VAT (€ 1525,00)
Reduced Fee for Studi Cognitivi students:
€ 1050 + 22% VAT (€ 1281,00)

Registration:

Send the registration form, a copy of your degree and a copy of the bank transfer receipt to: fax: 02/87238216; e-mail:

a.colton@studicognitivi.net

registration dead-line: April 15th 2016

Payment:

By bank transfer to the following bank account: Studi Cognitivi SpA.

Bank name: Intesa SanPaolo;

IBAN: IT88G0306909420070285070102;

BIC: BCITITMM300;

description : "Primary Practicum REBT Milan"
plus first name and surname

Venue:

Ripa di Porta Ticinese 77, 20143 Milano

For more information please contact:

Ms. Allison Colton:

a.colton@studicognitivi.net

CME validation:

Provider Qibli srl (ID n. 2007) will give CME validation for medical and psychological doctors and can be submitted to any national CME agency.

REGISTRATION FORM
Primary Practicum REBT Milan 2016

First Name _____

Surname _____

Nationality _____ Date of Birth _____

Street address _____

City _____

Country _____ Zip Code _____

Phone _____

e-mail _____

CME certification request: Yes _____ No _____

I authorize the use of my personal data in accordance with the Italian decree law 196/2003

Date/...../.....

Signature

NB Please include a copy of your degree